

## REGISTRATION

Registration deadline – September 19, 2008

**Diabetes Update 2008**  
**October 3, 2008**

NON-PROFIT  
U.S. POSTAGE  
PAID  
SIOUX FALLS, SD  
PERMIT NO. 666

### Registration Fees:

☐ \$40/participant

Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_

State: \_\_\_\_\_ Zip: \_\_\_\_\_

Telephone #: \_\_\_\_\_

### Payment Method:

☐ Cash/check (make payable to Avera McKennan)

☐ Other: \_\_\_\_\_

Amount enclosed: \$ \_\_\_\_\_

### Mail registration and payment to:

Avera McKennan  
Hospital & University Health Center  
Education Services  
PO Box 5045  
Sioux Falls, SD 57117-5045

*For registration information, call (605) 322-8950.*

### Avera McKennan

Education Services  
800 E. 21st Street  
PO Box 5045  
Sioux Falls, SD 57117-5045

# 2008 DIABETES UPDATE

**OCTOBER 3, 2008**

RAMKOTA HOTEL  
BEST WESTERN  
3200 W. MAPLE ST.  
SIOUX FALLS, SD

**Avera**   
McKennan

*Look no further.*



## GOAL

The goal of this program is to provide participants with information on current issues in the clinical care and education of persons with diabetes.

## TARGET AUDIENCE

All health care professionals interested in advancing their knowledge related to diabetes care and education.

## FACULTY

### Melena Bellin, MD

*Department of Pediatrics  
Division of Pediatric Endocrinology  
University of Minnesota, Minneapolis, Minn.*

### Cathy Breedon PhD, RD, CSP, FADA

*Prenatal/Pediatric Nutrition Specialist  
Clinical Nutrition Specialist  
MeritCare Medical Center, Fargo, N.D.  
UND School of Medicine*

### Hoadley Harris, MD

*Plains Medical Clinic, Fargo, N.D.*

### Cristina Hill Jensen, MD

*Avera Gastroenterology Clinic,  
Sioux Falls, S.D.*

### Eric Johnson, MD

*Altru Health System  
Family Medicine Center, Grand Forks, N.D.*

## CREDITS

Avera McKennan Hospital & University Health Center is an approved provider of continuing nursing education by CNE-Net, the education division of the North Dakota Nurses Association, an accredited approver by the American Nurses Credentialing Center's Commission on Accreditation.

Please call Mary Oyos at (605) 322-8995 for more information about contact hours.

This program is approved for 6.0 CPEUs for Registered Dietitians.

## AGENDA

8 - 8:30 a.m.

*Registration and Continental Breakfast*

8:30 - 9:30 a.m.

**Insulin Pumps & Glucose Sensors in Primary Care**

- Eric Johnson, MD

9:30 - 10:30 a.m.

**Hot Topics in Nutrition for Diabetes: Part 1**

- Cathy Breedon, PhD, RD, CSP, FADA

10:30 - 11 a.m.

*Break and Vendor Displays*

11 - 12 p.m.

**Hot Topics in Nutrition for Diabetes: Part 2**

- Cathy Breedon, PhD, RD, CSP, FADA

12 - 1 p.m.

*Lunch and Vendor Displays*

1 - 2 p.m.

**Diabetic Gastroparesis: Diagnosis & Treatment**

- Cristina Hill Jensen, MD

2 - 3 p.m.

**Erectile Dysfunction & Diabetes**

- Hoadley Harris, MD

3 - 3:15 p.m.

*Break*

3:15 - 4:15 p.m.

**Novel Therapies for Type 1 Diabetes: Islet Transplant & the TrialNet Experience**

- Melena Bellin, MD

## OBJECTIVES

At the completion of this program, participants will be able to:

1. Identify the key considerations in patient selection and training for insulin pump and/or glucose sensor therapy.
2. Discuss the management of insulin pump and glucose sensor patients in the primary care setting.
3. Describe the role of free radicals, antioxidants and the ratio of omega-6 to omega-3 fatty acids in the development of diabetes complications, including nutrients and phytochemicals important in this context.
4. Identify four micronutrients likely to be a problem in the diets of people with diabetes and simple interventions to correct this problem.
5. Define diabetic gastroparesis.
6. Describe the methods used to diagnose and treat gastroparesis.
7. Discuss the pathophysiology and diagnosis of erectile dysfunction.
8. Explain treatment options for erectile dysfunction.
9. Identify clinical trial opportunities available for people with type 1 diabetes.
10. State the role of islet transplant as a therapy in type 1 diabetes with hypoglycemia unawareness.
11. Describe immunosuppression trials aimed at slowing or stopping the progression of autoimmune (type 1) diabetes.

Avera McKennan offers all educational programs, materials and services to all people without regard to age, race, color, religion, sex, disability or national origin. If you require any of the auxiliary aids or services identified in the "Americans with Disabilities Act" (e.g. assistive listening devices or Braille materials), please call at (605) 322-8950 or write Education Services at 800 E. 21st Street, PO Box 5045, Sioux Falls, SD 57117-5045.